

# PROTECTING YOUR FAMILY ONLINE: CYBER SECURITY FOR PARENTS

FRAUD & CYBER  
**PROTECT**  
EASTERN REGION




Join the ERSOU Cyber Protect Team for a free two-part webinar series designed to help parents understand and manage online safety for their children. Learn practical tips, tools, and strategies to keep your family safe in the digital world.

## WEBINAR SCHEDULE

*Part 1: Introduction to Cyber Choices and Online Risks*


 8<sup>th</sup> September 2025  
14:00–15:00

 16<sup>th</sup> October 2025  
16:00–17:00

 25<sup>th</sup> November 2025  
10:00–11:00

*Part 2: Tools and techniques to improve the cyber security of your family*

 15<sup>th</sup> September 2025  
14:00–15:00

 23<sup>rd</sup> October 2025  
16:00–17:00

 2<sup>nd</sup> December 2025  
10:00–11:00

### Who Should Attend?

Parents, guardians, and carers of children and teens who use the internet, social media, or connected devices.

### How Do I Register?

Visit the Eastern Region Protect website:  
[www.easternprotect.org/webinars](http://www.easternprotect.org/webinars)

**Contact Us:**



cyberprotectersou@beds.police.uk



[www.easternprotect.org](http://www.easternprotect.org)