

## WEEK 1

**Monday**                      **Tuesday**                      **Wednesday**                      **Thursday**                      **Friday**

15 APRIL, 7 MAY, 3 JUNE, 24 JUNE, 15 JULY, 2 SEPTEMBER, 23 SEPTEMBER, 14 OCTOBER

<b>MAIN MEAL 1</b>	Pork Sausages with Gravy	Herb Crusted Chicken with Spaghetti Marinara (New) <b>Marinara is a tomato-based sauce</b>	Roast Beef with Gravy	Favourite Quorn Hot Dog (v)	Battered Fish Fillet
<b>MAIN MEAL 2</b>	Cheese & Tomato Quiche (v) <b>Cheese and egg flan topped with tomato</b>	Mild Sweet Potato & Chickpea Curry (Ve)	Mince Slice (Ve) (New) <b>Mince and gravy in puff pastry</b>	Cheesy Spring Vegetable Bake (v) <b>Spring vegetables in a creamy sauce topped with potatoes and cheese</b>	Classic Cheese & Tomato Pizza (v)
<b>SIDE DISH</b>	Pasta or Potato Wedges (Ve)	Brown & White Rice (Ve)	Roast Potatoes (Ve) or Wholemeal Pasta (Ve)	Diced Potatoes (Ve) or Garlic Bread (Ve)	Potato Wedges (Ve) or Tricolour Pasta (Ve)
<b>COLD OPTION</b>	Tuna Roll	Cheese Spread Roll (v)	Ham Sandwich	Cheese Baguette (v)	Egg Roll (v)
<b>EXTRA OPTION</b>	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)

## WEEK 2

22 APRIL, 13 MAY, 10 JUNE, 1 JULY, 22 JULY, 9 SEPTEMBER, 30 SEPTEMBER, 21 OCTOBER

<b>MAIN MEAL 1</b>	Tex Mex Quorn Fajita (v) <b>Quorn pieces and sweet peppers with fajita seasoning in a wrap</b>	Chicken Pie	Roast Chicken with Sage & Onion Stuffing & Gravy	Beef Burger in a Bun	Salmon Fishcake
<b>MAIN MEAL 2</b>	Creamy Macaroni Cheese (v)	Moroccan Tagine (Ve) (New) <b>Sweet vegetables and chickpeas in a mildly spices sauce</b>	Plant Balls with Gravy (Ve) <b>Vegan meatballs served with gravy</b>	Roasted Summer Veg Pasta (Ve) <b>Peppers, courgettes and butter beans in a tomato sauce with fresh basil and pasta</b>	Classic Cheese & Tomato Pizza (v)
<b>SIDE DISH</b>	Rice (Ve) or Tomato Bread (v)	Diced Potatoes (Ve) or Couscous (Ve)	Roast Potatoes (Ve) or Brown & White Rice (Ve)	Potato Wedges (Ve) or Herby Bread (Ve)	Oven Chips (Ve) or Tricolour Pasta (Ve)
<b>COLD OPTION</b>	Cheese Baguette (v)	Ham Sandwich	Tuna Roll	Cheese Spread Sandwich (v)	Egg Roll (v)
<b>EXTRA OPTION</b>	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)

## WEEK 3

29 APRIL, 20 MAY, 17 JUNE, 8 JULY, 16 SEPTEMBER, 7 OCTOBER

<b>MAIN MEAL 1</b>	Chicken Curry (New) <b>A mildly spiced tomato-based curry sauce</b>	Quorn Burger in a Bun (v)	Turkey Roast with Sage & Onion Stuffing & Gravy (New)	Beef Lasagne	Fish Fillet Fingers
<b>MAIN MEAL 2</b>	Homemade Sausage Roll (Ve) (New) <b>Puff pastry filled with sage and onion seasoned beans</b>	Rich Tomato Bolognese (Ve)	Roast Quorn Fillet with Sage & Onion Stuffing & Gravy (v)	Chipolata Sausages with Gravy (Ve)	Classic Cheese & Tomato Pizza (v)
<b>SIDE DISH</b>	Rice (Ve) or Diced Potatoes (Ve)	Potato Wedges (Ve) or Spaghetti (Ve)	Roast Potatoes (Ve) or Wholemeal Pasta (Ve)	Herby Bread (Ve) or Diced Potatoes (Ve)	Oven Chips (Ve) or Tricolour Pasta (Ve)
<b>COLD OPTION</b>	Cheese Spread Sandwich (v)	Cheese Baguette (v)	Tuna Roll	Ham Sandwich	Egg Roll (v)
<b>EXTRA OPTION</b>	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)	Jacket Potato (Various Toppings)

Seasonal vegetables and a variety of salads are served daily. **V = Vegetarian** **Ve = Vegan**



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