

Houghton Conquest Lower School

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Headteacher Miss J Heaslip

Value of the Month: Caring

26th May 2022

Dear Parents/Carers

Update to Personal, Social, Health Education (PSHE) and Relationship & Sex Education (RSE) Policy

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, forms part of the National Curriculum. We have recently reviewed our <u>policy</u> and wanted to take this opportunity to share it with you.

As part of our school's wider Personal, Social and Health Education programme, your child will receive lessons on relationships, sexual health and personal safety during the later stages of the summer term each academic year. Due to the disruption caused by COVID-19 we have not been able to see a full complement of our PSHE and RSE curriculum taught consecutively at the school since the changes have come to place and are very much looking forward to seeing this in action.

Schools are required to make parents aware when reviewing their policies for PSHE and RSE, which will inform schools' decisions on when and how certain content is covered, hence this letter to you.

The purpose of the curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships and to thrive in modern Britain. It is also an advisory of the DfE that primary schools should incorporate into their Relationships Education programme, lessons to ensure that boys and girls are prepared for the changes that adolescence brings, when appropriate for their age. Consequently, our school Policies and Programmes of teaching and learning have been adapted to reflect these changes.

On our school website you will find a detailed <u>programme of study</u> that shows you what is taught within our Personal, Social and Health Education programme alongside our Relationship and Sex programme and what each year group specifically covers.

Parents can choose to withdraw their pupils from Sex Education; the Relationship and Health elements of our PSHE curriculum are statutory. We encourage all parents to reflect on the developmental opportunities offered. Parents wishing to exercise the right for removal from Sex













Education lessons need to inform the Headteacher in writing, of their decision. The Headteacher will then discuss the request with the parent(s).

We are confident you will share our enthusiasm for the successful implementation of the new PSHE curriculum, which we feel will benefit all of our children.

You are welcome to contact me to discuss the programme further.

Yours sincerely

Measlip

Miss Heaslip

Headteacher













