



It is nearly time to start school! Here are some things you can practise at home to help you get ready for school.

## Self-Care and Independence

- I can wash and dry my hands.
- I can wipe my nose.
- I can put on/fasten my coat and shoes.
- I can use the toilet.
- I am learning to dress/undress – this will help me change for PE.
- I am happy to be away from my parents or carers. I know they will be back soon.



## Playing with Others

- I join in games and activities with other people.
- I can share and take turns.

## Speaking and Listening

- I can talk about my ideas, needs and feelings.
- I can ask a grown-up for help.
- I can follow simple instructions.

## Eating and Drinking

- I can use a spoon, knife and fork.
- I can open my lunch box as well as wrappers and packaging.
- I can drink from a water bottle, carton or open cup.



## 1 2 3 4 5 Numbers

- I can count a small number of items.
- I like singing number rhymes or songs.
- I am learning to say numbers to ten.
- I can recognise some numbers.

## Reading and Writing

- I can recognise/read my name.
- I can hold a pencil to draw.
- I am learning to write my name.
- I enjoy listening to stories and rhymes.



We can't wait for you to join us in Robins class at  
Houghton Conquest Lower School!

# How Can I Support My Child?



## Self-Care and Independence

Encourage your child to dress and undress independently as this will be the expectation in Robins class when changing for PE and Forest School.

Ensure they are confident in using the toilet independently.

Practising fastening zips and buttons.



## Playing with Others

Play games which involve taking turns.

Practise sharing toys with others.

## Speaking and Listening

Encourage your child to use their words to express ideas, needs and emotions.

Play games such as simon says.

Practise following recipes/instructions

## Eating and Drinking

Encourage your child to cut up and eat their own meals with cutlery. Allow them to open wrappers and packaging themselves.

Encourage your child to pour their own drink from a jug into a cup and peel their own fruit in preparation for snacktime expectations in Robins.



## 1 2 3 4 5 Numbers

Practise counting out groups of toys.

Sing number songs and rhymes such as '5 currant buns' or '10 green bottles'.

Play number recognition games, such as spotting door numbers when on walks.

## Reading and Writing

Help your child to recognise their name.

Encourage your child to practise writing their name with a capital letter at the start.

Develop fine motor skills through fun activities including threading, using chalk and paint, finger writing in sand or glitter.

Share stories and rhymes with your child.

Begin to recognise letters and the phonetic sounds they make.

We use Jolly Phonics to support our teaching in Robins class. These songs can be found on youtube by searching 'jolly phonics'.



Other useful links:

Phonics play - <https://www.phonicsplay.co.uk>

Reading with Oxford Owl - <https://www.oxfordowl.co.uk/>