

Houghton Conquest Lower School and Pre-School Newsletter 8 (23rd March 2018)

Value of the Month: Courage

Forest School

It's difficult to believe that Easter is nearly here and we have had snow twice in the past couple of weeks! Our current forest school participants have had sessions in snow, rain and sunshine this half-term. Despite this, even our youngest class, the Robins, have enjoyed being outside. Each week is always different in forest school, and the activities planned are based on the interests of each groups weekly experience. Some loved bashing flower petals with stones and mallets to make art, while others enjoy the challenge of climbing a tree higher than they did last week.

To compliment STEM week we made volcanoes outside, built working catapults and created mud slides using guttering, water, leaves and of course mud!

With all the changeable and unpredictable weather, preparations each week have included some careful den building as a team so there was a place to keep dry and warm from the elements. The children in Year 4 have been using loppers to cut willow and wood sticks and then continued the activity by whittling with knives to create some very sharp and pointy arrows. The use of tools really boosts their confidence in their life-abilities, and the concentration you see when they are using them is amazing. All this followed with a loud shout of "I did it!!" and a giant smile.

The Robins have done some amazing jumping from grass bales, challenging themselves each time to land better or to jump even further than the last time. They really enjoy the hammock swinging, and are getting better and better each week as they practise patience by waiting their turn.

Over the Easter Holidays if you are out for a walk at a woodland or visiting the beach, I would be most appreciative if you could do some collecting for me and donate what you find to forest school to be used in future activities. We are always looking for:

- * Pine Cones
- * Sea Shells
- * Smooth stones/rocks that will be good for painting

Also, if you are having a clear out or near a boot sale, our mud kitchen is looking to be stocked up!

We need the following: colanders, funnels, pots/pans, wooden utensils, ice cube trays, silicone baking/muffin trays and potting soil!!!!

Thank you to everyone who participated for International Forest Day. The total collected for Marston Vale is £66.

Enjoy the holidays with your loved ones.

Linsay Regan, **Forest School Leader**





HAWKS & EAGLES
LUNCH MONEY APRIL 18

£ 2.30 PER DAY
£11.50 PER WEEK
£62.10 FOR THE HALF TERM

£13.80 ROAST WED FOR HALF TERM
£11.50 FUN FRI FOR THE HALF TERM

ALL LUNCH MONEY TO BE PAID IN FULL ON
MONDAY MORNINGS

(EXCEPT BEGINNINGS OF NEW HALF TERMS OR IF YOUR CHILD IS OFF SICK WHEN ITS DUE FIRST MORNING BACK)

PLEASE PLACE ALL MONEY IN A SEALED ENVELOPE WITH YOUR CHILDS NAME ON AND INC THE ORDER FORM AND GIVE TO YOUR CHILD TO HAND IN TO THEIR TEACHER

NO MONIES TO BE HANDED IN TO THE OFFICE PLEASE

Please make cheques payable to
HOUGHTON CONQUEST LOWER SCHOOL
THANKYOU

All enquiries to Mrs Wilson between 9am and 2pm



Special Easter Menu
Thursday 29th March

Hot Cross Pizza Buns (Meaty or Vegetarian)

Wedges

Easter Bunny Baked Beans
Sweetcorn

Iced Cup Cake

Please find below our new menu for the Summer Term (after Easter)

A copy will be in your child's book bag as soon as we receive them from Caterlink Head Office.

ALLERGY INFORMATION If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Sausages with Mashed Potatoes and Gravy	Spaghetti Bolognese With Garlic bread	Roast Bacon loin with Roast New Potatoes & Gravy	Mediterranean Chicken with Rice	Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce
16/04/2018 07/05/2018 04/06/2018 25/06/2018 16/07/2018	Vegetarian	Veggie Sausage With mashed Potato	Soya Mince & Veg Stir Fry with Noodles	Quorn Roast with Roast New Potatoes & Gravy	Vegetable and Apricot Tagine with Lemon and Mint Couscous and Wholemeal Flatbread	Wholemeal Cheese, Onion and Spinach Quiche with Chips
	Dessert	Carrots Garden Peas Chocolate and Beelroot Brownie Yoghurt Fresh Fruit Platter	Sweetcorn Broccoli Lemon Drizzle cake Yoghurt Fresh Fruit Salad	Fresh Mixed Seasonal Vegetables Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Mixed Peppers & Green Beans Apple Pie with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Iced Sponge Yoghurt Fresh Fruit Salad
Week 2	Main	Chicken Arrabbiata Pasta With Garlic Bread	Beef and Bean Fajitas with Baked Jacket Wedges	Roast Chicken Roast Potatoes Stuffing & Gravy	Turkey and leek pie with Mashed potatoes	Breaded Fish Chips, Tomato Sauce
23/04/2018 14/05/2018 11/06/2018 02/07/2018 23/07/2018	Vegetarian	Chickpea and Vegetable Holpot! with new potatoes Roasted Peppers & Sweetcorn Mix Chocolate and Banana muffin yoghurt Fresh Fruit Salad	Vegetable (Soya) Chili, Rice and Wholemeal Flatbread Green Beans coleslaw	lentil and Basil Puff Pastry Turnover with Roast Potatoes Fresh Mixed Seasonal Vegetables	Macaroni with Tomato topping and Garlic Bread Broccoli Sweet corn	Spicy Bean Burger with Chips Baked Beans Garden Peas
	Dessert	Wholemeal Peach Crumble, with custard Yoghurt Fresh Fruit Platter	Wholemeal Peach Crumble, with custard Yoghurt Fresh Fruit Platter	Oatley Cookie with Fruit Yoghurt Yoghurt Fresh Fruit Salad	Apple Sponge and custard, Yoghurt Fresh Fruit Platter	Wholemeal fruity shortbread Fruit Yoghurt Fresh fruit salad
Week 3	Main	Cajun Chicken with Rice	Ham and cheese Pizza with Baby New Potatoes	Roast Turkey & Stuffing with Roast Potatoes & Gravy	Beef in Soy Sauce with Noodles	Fish in Batter, Chips, Tomato Sauce
30/04/2018 21/05/2018 18/06/2018 09/07/2018	Vegetarian	Potato and courgette layer bake Coleslaw Green beans Wholemeal Apple crumble with Custard Yoghurt Fresh Fruit Salad	vegetable pasta Bake Sweetcorn and Roasted Tomatoes	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy Fresh Mixed Seasonal Vegetables	Spanish Omelette with baby new potatoes Broccoli and Cauliflower	Cheese and Tomato French Bread Pizza with Chips Garden Peas Baked Beans
			Chocolate Crunch Cake Fruit Yoghurt Fresh Fruit Platter	Apple Flapjack Yoghurt Fresh Fruit Salad	Peach Upside Down Cake Yoghurt Fresh Fruit Platter	Ice Cream Yoghurt Fresh Fruit Salad

Fastly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt



We have a reported case of Chicken Pox in our Pre-School. Should you be worried about your child please seek appropriate medical advice.

Celebration Assemblies

Here you will find the awards that have been given out in our Friday Celebration Assemblies

Friday, 2nd March 2018

Star of the Week from:

Mrs Worts: Dylan Edwards for working hard during World Book Day activities.

Mrs Sebborn: Rex Laundon for trying super hard with his handwriting.

Miss Dancer: Immanuel Pupilampu for always trying super hard in phonics.

Golden Certificates: Sway Hyndman, Sian Thomas, Callie Edwards, Arthur Middleton and Eliza-Beth Semple.

Reading Rewards: Niamh Davis and Grace Exworth.

Headteacher Awards:

Jasmine Robinson: Street dance star of the week.

Friday, 9th March 2018

Star of the Week for:

Robins: Lilah O’Gorman for always being responsible and helpful.

Doves: Niamh-Mairé Furey for brilliant research in literacy.

Owls: Laila Peck for writing a beautiful rhyming poem.

Hawks: Harry Exworth for hard work in literacy.

Values Award: Rosie Davies-Smith for being courageous at Forest School

Golden Certificates: Ella Walker, Kaitlyn Shade, Dylan Edwards and Rex Laundon

Reading Rewards: Niamh Mairé Furey, Lily Burton, Lucas King, Millie Gibson, Paul Sebborn, Reece Worts, Shania Holmes, Holly Vaughan and Cherry Edwards.

Headteacher Awards

Joshua Gruzelier: Amazing judo.

Finer Diners: Brandon Thomas, Jason Starr, Immanuel Pupilampu, Brooke Bailey, Ivy Gravener, Olivia Pilsbury, Ben Vaughan, Sian Thomas, Holly Lane, Nathan Davis, Evie Busbridge and Taylor Riley.

Friday, 16th March 2018

Star of the Week from:

Miss Granelli: Amelia Kealey for working hard and trying her best.

Golden Certificates: Abigail Fisk, Freddie Walker, Taylor Riley and Joshua Blake.

Reading Rewards: Emily Brett, Scarlett Curl, Tommy Spencer, Cody Riley, Luke Worts, Holly Lane, Grace Lane, Max Williamson, Katelyn Pestell.

Headteacher Awards:

Katherine Birch: Amazing judo.

Holly Lane: Pioneer of the week.

Danielle Guinness: Swimming stage 5.

Laura Guinness: Swimming stage 3.

Chloe Macrdechian: Swimming 10m.

Amelia-Rose Sutton: Swimming stage 2.

Tommy Spencer: Trophy for listening in football.

Dylan Partridge: Trophy for amazing judo.

Lilly Whitfield: Completing a Quad Bike course at CenterParcs.

Finer Diners: Jamima Fraser, Danielle Guinness, Sway Hyndman, Ruby Dobson, Grace Exworth, Kaitlyn Shade, Katherine Birch, Laila Peck, Cody Riley, Kyran Bates, Kian Hope and Freddie Walker.

Diary Dates *(new items in bold)*

March 2018

28th Fire Service re-visiting Year 1 (2.15pm)

29th Easter Egg Hunt (organised by Friends)

29th Last day of Spring Term

April 2018

16th INSET Day (school and pre-school closed)

17th First day of Summer Term

24th Friends of HCLS Meeting at 7.30pm (Knife & Cleaver)

May 2018

21st Kwik Cricket Competition (letters will be sent to individual participants nearer the time)

W/C 28th Half Term

June 2018

4th INSET Day (school and pre-school closed)

7th Class Photographs by Tempest Photography (am)

July 2018

20th Last day of Summer Term

Ways to get in touch or find out information

School and Pre-School Telephone: 01234 740202

Our Website: www.houghtonconquest.beds.sch.uk

Email address for parents (Mrs Browne): office.hcls@cbc.beds.sch.uk